

Instructional Activities in Physical Education

Education 459

Section: E200

Term: 2011 Summer

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Thursday 5:30-9:20 pm EDB 8550 (Mini-Gym)

Discussion Topics: Education 459 is designed to introduce and extend teachers knowledge, skills and understandings of physical education K-10. The focus will be on the BC IRP which includes the curriculum organizers of knowledge, skills and attitudes as well as the movement categories of games, gymnastics, dance, individual/dual activities and alternate environment activities. This is an active course in which participants will learn through doing, reading, working together and reflecting upon in-class assignments. Current issues in physical education will include the Daily Physical Activity mandate, liability, choice, activity levels, recent research on fitness, evaluation of skills and exercise and the brain. Students will be encouraged to participate actively in each session at their own level of ability.

Course Objectives:

- to learn the knowledge, skill and attitudes of an effective PE teacher
- to acquire various strategies for teaching physical skills
- to plan, implement and adjust for maximum participation and high activity levels in a safe, quality PE setting
- to acquire a repertoire of Physical Education activities suitable to the growth and development of students and inclusive to all

Grading: Assignments

- 1)Class participation and attendance\
- 2)Small group warmup and PLO teaching\
- 3)Written assignment: Choice of critical issue response or philosophy\
- 4)Yearly plan including sample evaluation and two lesson plans\

Required Texts: Required Material:

- a)\
- b)\No textbook required. There is a photocopying/resource charge of \$25. Supplies include a yearly plan, Action Schools! BC resources, pedometer and photocopies.
- c)\Dress to participate actively each session with closed toe runners and activewear. Bring a water bottle.

Recommended Texts:

Materials/Supplies:

Instructional Activities in Physical Education

Prerequisite/Corequisite: EDUC 401/402

Notes: Students in all Faculty
of Education courses are encouraged to review policies pertaining to
academic

integrity available on the Undergraduate Programs website:

http://www.educ.sfu.ca/ugradprogs/student_resources/index.html

Note: Students requiring accommodation regarding a disability must contact the Center for
Students with Disabilities.

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