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## MEDIA RELEASE

## Bunny yoga returns to campus Oct. 24

October 23, 2017

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SFU Recreation is bringing back **Bunny Yoga** on Tuesday, Oct. 24, in the Lorne Davies Complex (Burnaby campus). There will be two Hatha yoga classes with bunny socialization. The bunnies are brought by the Small Animal Rescue Society of B.C. (SARSBC).

Participants of all levels can purchase tickets in advance for \$10, with proceeds going to Small Animal Rescue. SFU Recreation has run similar Bunny Yoga events in the past, raising more than \$1,000 for SARSBC.

The yoga bunnies are currently in foster care and up for adoption. Class participants can adopt or mingle with them afterwards. Yoga and animal companionship are known to be great stress relievers.

**What:** Bunny Yoga

**When:** Tuesday, Oct. 24, sessions at 2 p.m. and 3 p.m.

**Where:** VIP room, Lorne Davies Complex, Burnaby campus

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As Canada's engaged university, SFU is defined by its dynamic integration of innovative education, cutting-edge research and far-reaching community engagement. SFU was founded 50 years ago with a mission to be a different kind of university —to bring an interdisciplinary approach to learning, embrace bold initiatives, and engage with communities near and far. Today, SFU is Canada's leading comprehensive research university and is ranked one of the top universities in the world. With campuses in British Columbia's three largest cities – Vancouver, Burnaby and Surrey – SFU has eight faculties, delivers almost 150 programs to over 35,000 students, and boasts more than 150,000 alumni in 140 countries around the world.

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