

Ballet I

Contemporary Arts 322

Section: D100

Term: 1999 Fall

Instructor: Marla Eist
CA 634
291-5454

Discussion Topics: This course explores the vocabulary and movement range of classical ballet technique on the intermediate level. Attention will be given to the understanding of anatomically sound body use/placement, balance, flexibility and strength. Practical studio experience is offered within the context of specific theoretical principles. This course will work to promote individual awareness and efficient use of the body in ways applicable to ballet technique and all other dance forms. This course will also explore and challenge our unique habitual movement patterns which are both efficient and inefficient at times. Technical development will be based on anatomically sound principles, kinesthetic awareness, and joy of moving.

Grading: Students are advised that grades in studio courses are based on attendance, active participation, attitude, overall improvement/progress, technical level, and performance potential. Grades are determined primarily by the instructor's observation and work accomplished in class over the entire semester. Specific course requirements to be announced during the first week of class will include: attendance and tardiness requirements, notes on attire, course goals, and method of evaluation/grading. The instructor will be available to advise each student of his/her level of performance both at the middle and end of the semester, and will be available to advise at any other time upon request. Video may be used at the beginning, middle, and end of the semester as an assessment tool. This is a studio course and active participation is required in every class. Whenever possible, students with injuries should attend as observers.

Required Texts:

Recommended Texts:

Materials/Supplies:

Prerequisite/Corequisite: FPA 221

Notes: <http://www.sfu.ca/sca>

This outline is derived from a course outline repository database that was maintained by SFU Student Services and the University's IT Services Department. The database was retired in 2014 and the data migrated to SFU Archives in 2015.